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# Why we urgently need a new European Parliament

## DIABETES RESOLUTION

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Executive summary



**International  
Diabetes Federation  
Europe**

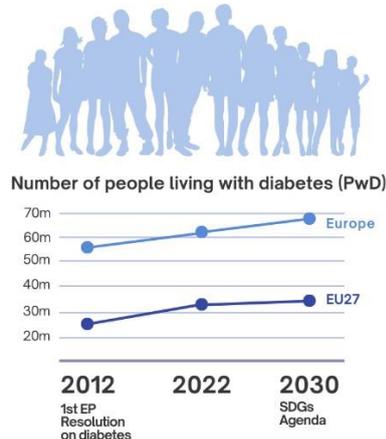


**MMD**  
MEPs Mobilising for Diabetes

On the Centenary of the Discovery of Insulin, 10 years after the first European Parliament [Resolution](#) on diabetes, **let's stop ignoring the 170,000 children and the 32m adults living with the disease in the European Union (EU) and the millions more on their way to developing it. Let's re-design health systems, which build on the effective prevention and management of diabetes and other chronic diseases, to guarantee their own resilience, improve EU citizens' quality of life and reduce inequalities.**

## 1. Nobody is immune to diabetes

The situation is urgent and getting worse. When the European Parliament adopted its Resolution on Diabetes in March 2012, 27m people were living with diabetes across the EU27. That figure has now increased to 32 million and is due to increase further after the pandemic.



### DIABETES:

#### LIFELONG DISEASE WITH NO CURE

**1/3** of PwD are undiagnosed

**up to 1/2** of PwD do not achieve optimal blood glucose targets

#### ROOT CAUSE OF MANY OTHER NCDs

**1/3** of PwD develop CVDs

Diabetes/+ hypertension cause **80%** of end-stage renal disease

**1/3** of PwD develop diabetic retinopathy

**€78 bn** 3/4 of diabetes costs result from diabetes-related complications

#### MORE MIGHT BE TO COME

COVID-19 increases the risk of developing diabetes

Diabetes during pregnancy may program the unborn child to be more susceptible to diabetes

Nobody is immune. Diabetes affects babies and children, as well as adults across all socio-economic groups and geographies. This chronic disease does not have a cure and often leads to life-altering complications, in turn resulting in poor quality of life and representing a significant burden on health systems.

## 2. Diabetes care is a marker of the future resilience of national health systems

The COVID-19 pandemic has demonstrated the impact of non-communicable diseases (NCDs) on health systems' resilience. To a greater extent than for any other NCD, diabetes prevention, management and care touch on all aspects of a national health system, making it a marker of quality, effectiveness, performance and resilience. Effective prevention and management of diabetes will keep users away from the healthcare system, lower costs, improve resource utilisation and contribute to health systems' digitalisation, thereby shoring up the resilience of national healthcare systems. It will also improve citizens' quality of life and reduce inequalities. It will benefit not just PwD and those at risk of diabetes but also all people living with, or at risk of other NCDs and conditions.





The diabetes community is united in its support  
of the motion for a new Diabetes Resolution



European  
Diabetes Forum

**EASD**

**EFSD**

**FEND**

Foundation of European Nurses in Diabetes



International  
Diabetes Federation  
Europe



International Society for Pediatric  
and Adolescent Diabetes

**JDRF**

**PCDE**  
primary care diabetes europe

Société  
francophone  
du  
diabète

**Visit our websites:**

[www.mepinterestgroupdiabetes.eu](http://www.mepinterestgroupdiabetes.eu)

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